

PLAYING RULE MODIFICATION FOR ZONE 8

LOCAL LEAGUE DEVELOPMENT

2025

Game Format

- All games consist of three (3) twelve (12) minute periods.

Cross-Checking and Body-Checking

- **NOT permitted** in any division.
- Players may use the portion of the stick held between the hands to **touch and control** the ball carrier.
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U9 Division Specifics

- **Game Format**
 - Games will be 3 on 3 and will be played on half floor
- **Shift Changes:**
 - A shift buzzer will sound every two (2) minutes.
 - The clock will stop during the shift change.
 - Players must exchange quickly to minimize "Dead Ball" time.
- **Restarting Play:**
 - Possession is awarded to the team that last had possession or was closest to a loose ball.
- **Infractions:**
 - Play will stop, and the infraction will be explained to the offending player.
 - The player will be sent to their bench.
 - The team with the infraction will play down one (1) player until the next buzzer.
- **After a Goal:**
 - Play resumes with possession in the crease of the team that was scored upon.
 - The scoring team must retreat and "Tag up" outside their attacking zone before pressuring the ball.

- **Passing Rules:**

- Players must make at least one (1) pass before attempting to score.
- **Clarification:** A pass requires the ball to leave one player's stick and travel through the air or along the ground to another player. Dropping the ball into a teammate's stick (a "handoff") is **NOT considered a pass**.

U11 and Up Division Specifics

- **Game Format**

- Games will be 4 on 4 full floor

- **Passing Rules:**

- Players must make at least two (2) passes before attempting to score.
- At least one (1) pass must occur in the offensive zone.
- **Clarification:** A pass requires the ball to leave one player's stick and travel through the air or along the ground to another player. Dropping the ball into a teammate's stick (a "handoff") is **NOT considered a pass**.
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Scoring and awarding Goals

****NEW IN 2025****

- **Face Offs**

- Face offs will be done at the start of each period and after goals.
- If a team has 5 (or greater) goal lead, the losing team will be awarded possession after they are scored on.
- If the team losing by 5 or more goals scores, a face off will take place.

- **Penalties**

- Players will now serve their penalties in the penalty box, in compliance with the OLA interpretation of the CLA Rule and Situation Handbook.

General Rule Compliance

- All other rules will follow the OLA interpretation of the CLA Rule and Situation Handbook (2017/2018 edition)